



**FOR IMMEDIATE RELEASE**

## **Nancy Freeman of Structure House Receives Prestigious Employee of the Year Award**

*Nancy Freeman, R.N., B.S.N., C.D.E., is selected from more than 5,500 employees to receive top award*

**DURHAM, N.C. (September 23, 2008)** — CRC Health Group, the largest provider of specialized behavioral health care services in the United States, has selected Nancy Freeman, R.N., B.S.N., C.D.E. as the 2008 Employee of the Year. Nancy Freeman is the Nursing Coordinator at Structure House, a residential weight loss facility in Durham, N.C., and is one of 28 award recipients selected from more than 5,500 employees nationwide.

“Nancy Freeman is a tremendous asset to our treatment staff and we are extremely proud of her accomplishments,” said Dr. Gerard J. Musante, clinical psychologist and founder of Structure House.

Nancy joined Structure House in 1986 and is responsible for coordinating the medical services and specialized diabetes programs. As Nursing Coordinator, Nancy examines participants and provides counseling for medical issues, arranges medical treatment when necessary, and works closely with the exercise staff to ensure an appropriate exercise level and environment. Nancy has a B.S. degree in Nursing and is a Certified Diabetes Educator by the National Certification Board for Diabetes Educators.

“We are delighted to honor Nancy Freeman with the Employee of the Year award,” said Dr. Barry W. Karlin, Chairman and CEO of CRC Health Group. “Nancy embodies the core values of our treatment programs and continually sets the standard of excellence in her daily work performance.”

Headquartered in Cupertino, Calif., CRC Health Group treats more than 30,000 people each day with drug and alcohol addictions, learning differences, weight management issues, eating disorders, and other behavioral issues at its 145 facilities located throughout the U.S.

Structure House was acquired by CRC Health Group last September and serves as the flagship program of CRC’s Healthy Living Division, which operates some of the world’s most effective weight management programs for overweight and obese adults.

Dr. Musante, along with Structure House staff members and participants, presented Nancy with the award and a \$500 check from CRC Health Group earlier today at Structure House in Durham.

### **About Structure House**

Structure House<sup>®</sup>, a residential weight loss facility in Durham, N.C., offers a unique, behavioral approach to weight loss and healthy lifestyle change. The facility, which celebrated its 30<sup>th</sup> anniversary in March 2007, integrates principles of nutrition and exercise with psychology in a treatment approach designed to transform the eating habits and lifestyles of overweight individuals. Since 1977, Structure House has helped more than 30,000 people from all 50 states and 35 nations battling obesity. The name Structure House underscores the critical role structure plays in achieving long-term weight loss.

Gerard J. Musante, Ph.D., one of the nation’s leading experts on obesity and weight loss, is the founder and director of Structure House. A renowned clinical psychologist, Dr. Musante was the first person to adapt the principles of behavior modification to the eating habits of significantly overweight people and food abusers. Dr. Musante is the author of [The Structure House Weight Loss Plan](#). For more information, visit [www.structurehouse.com](http://www.structurehouse.com).

**About CRC Health Group**

Every day, more than 30,000 people receive treatment from CRC programs making it the largest substance abuse and behavioral health organization in the nation. CRC Health Group is committed to making services widely and easily available to those in need, while maintaining passion for delivering advanced behavioral, addiction, and therapeutic educational services. For over two decades, CRC programs have helped individuals and families reclaim and enrich their lives. For more information, visit [www.crchealthgroup.com](http://www.crchealthgroup.com).

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**Structure House Media Contact:**

Meredith Schneider

919-277-1165

[mschneider@fwv-us.com](mailto:mschneider@fwv-us.com)