



Contact: Paige Sargent  
(919) 277-1162  
[psargent@fwv-us.com](mailto:psargent@fwv-us.com)

**STRUCTURE HOUSE<sup>®</sup> PARTNERS WITH UNITEDHEALTH GROUP'S  
HEALTHALLIES<sup>®</sup> HEALTH VALUE PROGRAM**

***HealthAllies Health Value Program Offers Discounts on a Wide Range of Health-Related Services***

DURHAM, NC (August 1, 2005) – Structure House<sup>®</sup>, a premier residential weight loss facility in the diet capital of Durham, North Carolina, announced today an agreement with HealthAllies<sup>®</sup>, Inc., a UnitedHealth Group company (NYSE: UNH), to offer preferred pricing on Structure House New Participant programs to the 5.6 million members of HealthAllies' health value program. Members of HealthAllies will receive a 20 percent discount on all New Participant programs if they provide their HealthAllies member number at the time they make their reservation and their ID card upon check-in to Structure House.

The unique and innovative Structure House plan focuses on weight loss, lifestyle change, and diabetes management, with an integrated approach to weight loss that is focused on personal responsibility and lifestyle change. Founder and director of the program, Dr. Gerard J. Musante, stresses that, "To be truly successful at keeping weight off, you must treat the whole person: mind and body. Structure House experts guide participants to a healthy lifestyle based on structured eating, daily exercise and a new understanding of their relationship with food."

Thomas V. Sullivan, general manager of HealthAllies, explains that Structure House is a fitting addition to HealthAllies' network of health and wellness providers. "Our mission is to enable members to gain more control of their health and their health spending by providing pre-negotiated savings on a wide range of health-related products and services," said Sullivan. "Our agreement with Structure House makes this valuable tool for lifestyle change more affordable for our members."

Structure House offers one- to four-week programs for new participants. The program fees include a private apartment, all meals and extensive exercise facilities. In addition, participants can take part in more than 80 weekly behavior, nutrition and fitness classes to engage body and mind. Structure House visits include personal attention from experts in the fields of psychology, medicine, nutrition and fitness.

### **About Structure House**

Structure House is a unique residential facility committed to helping people achieve genuine, quantifiable and lasting weight loss to improve the quality of their physical and emotional health. The program focuses on an innovative behavioral approach to weight loss and healthy lifestyle change, concentrating on the psychology of overeating. Since its founding in 1977, more than 30,000 people from all 50 states and more than 35 countries have attended the residential program. Founder Dr. Gerard J. Musante, a renowned clinical psychologist, provides a unique "home away from home" setting where participants learn to take control of weight problems. For more information, visit [www.structurehouse.com](http://www.structurehouse.com), or call 1-800-553-0052.

### **About HealthAllies**

HealthAllies, Inc. ([www.healthallies.com](http://www.healthallies.com)) is a leader in developing innovative products that give individuals access to high-quality health care services at affordable rates. HealthAllies offers discounts typically ranging from 10 percent to 50 percent on a wide range of health and well-being services, and is currently used by more than 8.7 million individuals nationwide. HealthAllies is not insurance, it is a discount program. Participants are responsible for the full cost of any health care services purchased, minus the discount amount. Based in Glendale, Calif., HealthAllies is part of UnitedHealth Group, (NYSE: UNH) a diversified *Fortune* 50 company.

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